

April - July 2017

GET AHEAD

WITH RHA TRAINING



Tap into the RHA's experience

With over 100 years of experience between them, our highly-qualified instructors deliver some of the most respected training courses in the road transport and logistics industry.

Meet the Trainers



Billy Nelson

With over 40 years in the automotive, haulage and logistics sectors, Billy's wealth of experience made him a welcome addition to the RHA Training Team.



Bob Auchterlonie

Bob has over 25 years in the transport industry and specialises in drivers' hours, tachograph training, O-licence compliance and risk assessment.



Brendan Walshe

Having being employed as a driver as well as running his own training company, Brendan brings over 30 years' worth of experience to the RHA Training Team.



David Cooper

David has over 35 years' experience as an LGV driver and a transport manager. He specialises in driver training, ADR, Sugar Beet Driver CPC and compliance courses.



John Davis

Having spent over 26 years in the industry (13 years as an LGV Cat C+E driver) John's experience makes him best suited to deliver a variety of training courses.



Lee Whitby

Lee joined the RHA in 2003 and delivers a wide variety of Driver CPC and Transport Manager CPC courses on a national and international level.



Simon West

Simon is a skilled transport trainer with over 20 years' experience in a range of disciplines from LGV driver to transport management.



Terry Collins

Terry worked as a WO2 instructor in the Royal Signals. On leaving, he joined the logistics industry and specialises in Health & Safety and is an approved CIEH instructor.

You're in safe hands with RHA Training

Do you want to give your valued staff access to some of the best training and expertise available in the road haulage and logistics industry?

Candidates on our popular Transport Manager CPC courses regularly achieve higher than national average pass rates, so you're more likely to succeed with RHA Training.

Don't just take our word for it...



Over 98% of the delegates on our courses rate their training experience very good or excellent



Our Transport Manager CPC course has one of the highest pass rates in the UK

Your place or ours?

Choose from a wide-variety of off-the-peg courses delivered at a number of convenient locations or speak to us about having bespoke training built to suit your individual needs and delivered at your premises.

Here are just some of the areas we cover:

- Managing your Operators Licence
- Transport Manager and Driver
- CPC training and refresher courses
- Driver hours and tachographs
- Daily checks, safe loading and manual handling
- Emergency first-aid at work
- Safety and fuel efficiency
- Road safety, VRUs and fitness to drive

Large or small, RHA Training caters to all

As the only trade association solely dedicated to road haulage, the RHA's understanding of the industry is second to none and is reflected in our training offering. We cater to haulage operations of all sizes, from owner-operators to companies running fleets in excess of 1,000 vehicles.



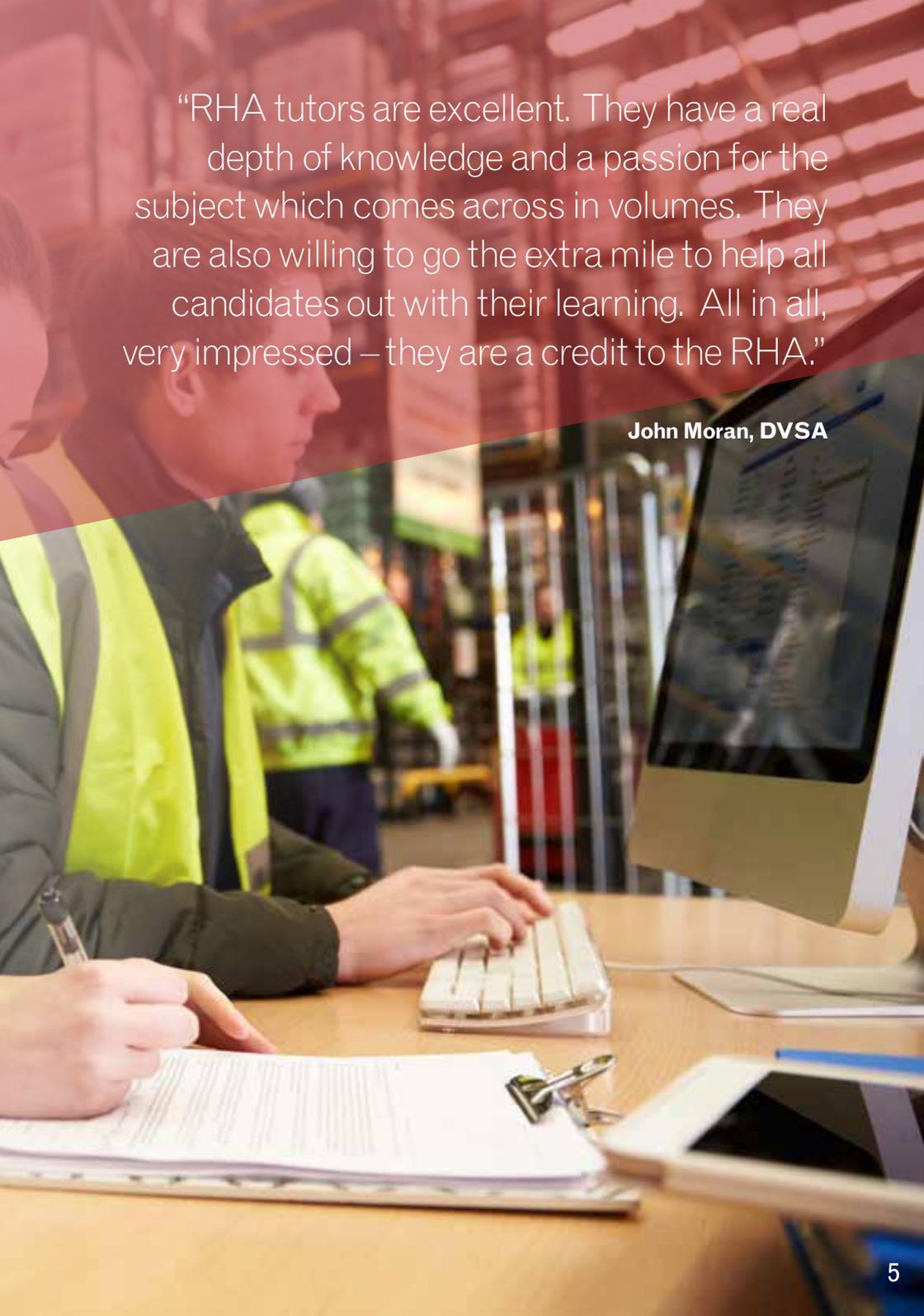
England & Wales: 01733 261 456
Scotland & Northern Ireland: 01506 414 073



Email: training@rha.uk.net



Web: www.rha.uk.net/training
to see the full list of training courses

A person wearing a high-visibility yellow vest and a dark jacket is seated at a wooden desk, working at a computer terminal. The person is looking at the monitor and has their hands on the keyboard. In the background, other people in high-visibility vests are visible, suggesting an airport or industrial setting. The image is overlaid with a semi-transparent red banner containing text.

“RHA tutors are excellent. They have a real depth of knowledge and a passion for the subject which comes across in volumes. They are also willing to go the extra mile to help all candidates out with their learning. All in all, very impressed – they are a credit to the RHA.”

John Moran, DVSA

Managing your Business Courses



We offer a range of transport management courses, giving you the ability to choose the most convenient course to maintain your O-licence and ensure the smooth continuity of your business operations.

Managing your Operator Licence : O-licence (1-Day Course)

This one-day course is designed for transport managers, supervisors and anyone operating an LGV/HGV business. No matter how big an operation you run, your O-licence is one of your most valuable assets and this course will ensure you are informed of all responsibilities, compliance and obligations of all staff (including drivers, operations staff and management). You will gain an enhanced understanding of transport law, the OCRS system, powers of enforcement and the consequence of non-compliance of any aspect of your business.

Member: £329.00 + VAT | Non-member: £399.00 + VAT

In-house option from £850.00 + VAT

04/04/2017 – Manchester

05/04/2017 - Livingston

05/04/2017 - Reading

05/04/2017 - Colchester

06/04/2017 - Coventry

27/04/2017 - Stoke

27/04/2017 - Peterborough

09/05/2017 - Wolverhampton

11/05/2017 – Antrim

11/05/2017 - Harlow

11/05/2017 - Slough

16/05/2017 - Thetford

17/05/2017 - Bristol

08/06/2017 - Peterborough

21/06/2017 - Livingston

22/06/2017 - Coventry

22/06/2017 - Bristol

23/06/2017 - Reading

27/06/2017 - Gatwick

29/06/2017 - York

05/07/2017 - Manchester

11/07/2017 - Ipswich

20/07/2017 - Antrim

20/07/2017 - Harlow

Transport Manager CPC (10-Day Course)

The Transport Manager CPC is a legal requirement of the operator licensing system for both Standard National and International licences. This ten-day course will equip transport managers with the necessary skills to demonstrate that they are 'professionally competent' enabling them to apply for a Goods Vehicle Operator's Licence. This course will fully prepare you for the Certificate of Professional Competence (CPC) examinations conducted by OCR Examinations on behalf of the Department for Transport (DfT).

Member: £1,095.00 + VAT | Non-member: £1,195.00 + VAT
+ exams

18/05/2017 – Bradford

18/05/2017 - Wolverhampton

22/05/2017 - Peterborough

18/05/2017 – Reading

22/05/2017 - Bristol

25/05/2017 - Perth

RHA Approved Driver CPC Train the Trainer (5-Day Course)

If you'd like to become an in-house Driver CPC Instructor, this five-day course will equip you with everything you need. This comprehensive series of modules has been designed to give you the required skills to enable you to reach the required standards and deliver training to your staff with full confidence.

Member: £1,150.00 + VAT | Non-member: £1,350.00 + VAT
In-house option from: £3,500.00 + VAT

24/04/2017 - Bradford

26/06/2017 - Peterborough

Transport Manager CPC Refresher (2-Day Course)

If you hold a Transport Manager CPC but need a refresher, this two-day course is the perfect way to inform you of any developments in compliant road haulage operations. This interactive programme has been structured to enable all participants to take an active, hands-on role and will include scenarios, confirmation of existing knowledge, practical work-related problem solving and compliance-based exercises.

Member: £430.00 + VAT | Non-member: £530.00 + VAT

In-house option: £1,399.00 + VAT

06/04/2017 - Bradford

06/04/2017 - Reading

06/04/2017 - Colchester

11/04/2017 - Antrim

27/04/2017 - Dunstable

05/05/2017 - York

09/05/2017 - Livingston

11/05/2017 - Manchester

11/05/2017 - Peterborough

16/05/2017 - Coventry

18/05/2017 - Bristol

12/06/2017 - Antrim

27/06/2017 - York

29/06/2017 - Slough

03/07/2017 - Livingston

06/07/2017 - Manchester

06/07/2017 - Bristol

Approved CPC-Periodic Training Courses

You must complete 35 hours of periodic training every 5 years to keep your Driver Certificate of Professional Competence (CPC) to drive a lorry.



The RHA offers a wide range of interactive Driver CPC courses.

Understanding Driver's Hours, Working Time and Tachograph Records (7 DCPC hours)

This one-day interactive course will bring delegates up-to-speed with a full understanding of EU and domestic drivers' hours and working regulations for mobile workers. It also covers tachograph record keeping, including both analogue and digital systems.

Member: £69.00 + VAT | Non-member: £84.00 + VAT

03/04/2017 – Peterborough	16/05/2017 – Livingston
19/04/2017 – Antrim	17/05/2017 – Antrim
20/04/2017 – Livingston	

HGV – Daily Checks & Safe Loading (7 DCPC hours)

In this one-day course, we will cover how to effectively carry out a daily walk-around check. This daily check is vital to ensure that your vehicles are safe to use, operational and meet the DVSA's compliance guidelines. Reduce the risk of roadside vehicle prohibitions by attending this course, giving you guidance on vehicle loading, safety awareness and defect reporting.

Member: £69.00 + VAT | Non-member: £84.00 + VAT

19/04/2017 - Livingston	16/05/2017 – Antrim
20/04/2017 - Antrim	17/05/2017 - Livingston

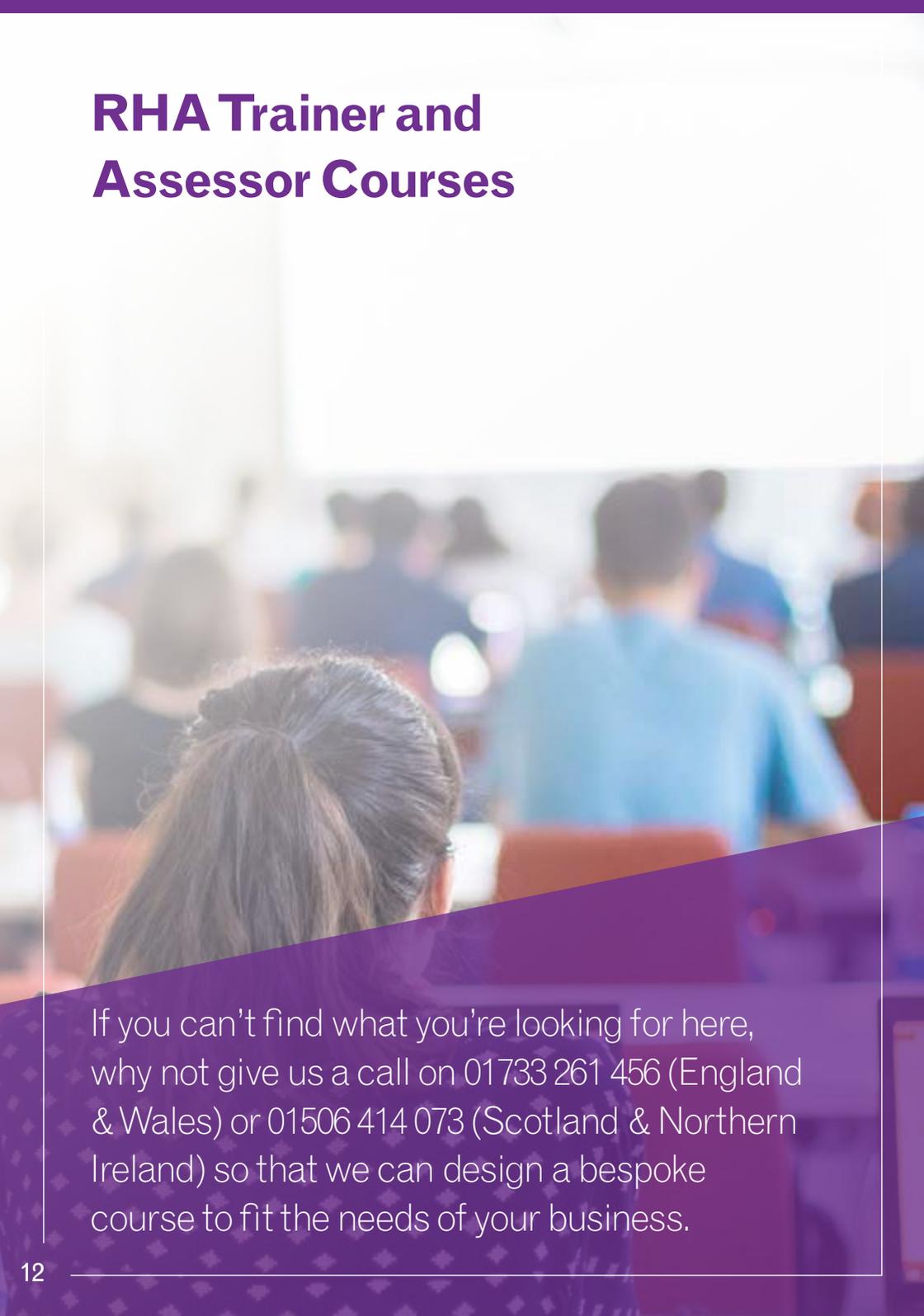
HGV Accident Procedures, Speed Awareness & Poor Weather Driving? (7 CPC hours)

During this one-day course, delegates will be informed of action to take at the scene of an accident, reinforce the negative impact on road safety when speeding and what actions to take in poor weather. There is a significant focus on vulnerable road users (VRUs) and how risks can be reduced.

£69.00 + VAT | Non-member: £84.00 + VAT

04/04/2017 - Peterborough

RHA Trainer and Assessor Courses



If you can't find what you're looking for here, why not give us a call on 01733 261 456 (England & Wales) or 01506 414 073 (Scotland & Northern Ireland) so that we can design a bespoke course to fit the needs of your business.

Trainer: In-cab Driver Assessments (2-Day Course)

Would you like to equip one of your staff to carry out in-cab driving assessments on your HGV drivers? If so, this two-day course will give the assigned person the necessary skills and ability to recommend training to enable your team of drivers to be the best they can be. They will be instructed on how to carry out checks on everything from drivers' licences and Highway Code skills through to the completion of drivers' assessment reports.

Members: £647.50 + VAT per day | Non-members: £697.50 + VAT per day

In-cab: Defensive & Fuel-efficient Driving (7 CPC hours)

This one-day interactive course will show attendees how their behaviour can impact fuel efficiency and hence, bottom line profitability of the haulage company. It will demonstrate the benefits of defensive driving techniques and show the driver ways they can make a difference. It also combines theory and practical components, including the use of in-cab instrumentation, walk-around checks and vehicle set up to increase hazard perception and observation.

Members: £679.00 + VAT | Non-members: £760.00 + VAT

Trainer: In-cab Driver CPC (7 CPC hours)

This two-day course is designed to enable delegates to become proficient in developing, supervising and encouraging drivers to reach the transport company's required performance levels and standards. It covers a wide range of theory and practical components from how to improve fuel economy to reducing accidental damage.

Members: £837.50 + VAT | Non-members: £892.50 + VAT

In-cab: Driver Assessments (2-Hours Per Driver)

We can assess the driving skills of your HGV drivers, dedicating two hours to each driver (this service is suitable for up to four drivers per day) to assess their practical driving skills. Perfect for assessing new drivers, or for drivers returning to work after a long period of absence, we can help them hone their skills and give you a full written report with recommendations for extra training as appropriate.

Member: £679.00 + VAT per day (allocating 2 hours to each delegate)

Non-member: £699.00 + VAT per day (allocating 2 hours to each delegate)



RHA approved driver CPC periodic training courses

Periodic CPC training is essential to maintain the skill sets of haulage operators. Whether drivers or transport managers, RHA Training can help to ensure that everyone in your business is operating in an efficient and compliant manner.

In-house: Driver CPC Training (7 to 35 CPC hours)

The Government has already said that current EU law will transfer to UK law on the day we leave the European Union (suggested to be 31st March 2019). If you've been thinking that Driver CPC will fall by the wayside, you need to think again.

RHA Training offers a wide range of training modules that can be delivered as off-the-peg or tailored to suit your needs.

We run Driver CPC Training courses that can be delivered at your site for up to 20 delegates (amounting to between 7 to 35 hours). Just select two half-day courses from the list below or ask us to tailor-make a course to meet your business requirements:

LGV Half-Day Subjects

- 1 Drivers' Hours, Working Time and Tachographs
- 2 Digital Tachographs for Drivers
- 3 Daily Walk-Around Vehicle Checks and Defect Reporting
- 4 Safe Loading of Vehicles
- 5 Health and Safety Awareness for Drivers
- 6 Fuel-efficient Driving
- 7 Driver and Vehicle Security and Customer Care
- 8 International Driving
- 9 A Driver's Guide to Operator Licensing
- 10 Accident Procedures, Speed Awareness and Driving in Poor Weather
- 11 Fitness to Drive and Vulnerable Road Users
- 12 Dangerous Goods Awareness

LGV Full Day Subjects (7 DCDC Hours)

- A Professional Driver Update
- B Practical Safe Loading (limited to a maximum of 10)
- C Emergency First Aid at Work (limited to a maximum of 12)
- D Safe Deliveries to Construction Sites

Cost for up to 10 drivers

Members: £650.00 + VAT

Non-members: £729.00 + VAT, Saturday premium: £200.00 + VAT

Cost for up to 20 drivers

Members: £1,100.00 + VAT

Non-members: £1,365.00 + VAT, Saturday premium: £200.00 + VAT

RHA compliance courses



We can design bespoke courses to suit the individual needs of your business and deliver them at your place of work.

Managing Drivers' Hours Regulations

If you are involved in transport planning or supervision and want to improve your tachograph interpretation skills, then this half-day course is the ideal investment. You will be given a complete overview of driver working time regulations, tachograph record management and an understanding of common infringements.

Members: £550.00 + VAT for up to 15 delegates

Non-members: £625.00 + VAT for up to 15 delegates

Managing Digital Tachographs (Half-Day Course)

This half-day course is essential for transport managers, supervisors and operational staff who have responsibility for the control of vehicles fitted with digital recording equipment. You will be given a thorough overview of the tachograph's functionality and different operating modes and be shown how to interpret results.

Members: £550.00 + VAT for up to 10 delegates

Non-members: £650.00 + VAT for up to 10 delegates

In-house: Dangerous Goods Awareness (7 CPC hours)

If you work as a transport manager or in a warehouse managing dangerous goods in the supply chain, then this one-day course is a must-attend. It is a suitable introduction for staff taking their Dangerous Goods Safety Adviser examinations and for drivers that are not fully subject to ADR regulations.

Member £695.00 + VAT | Non-member: £795.00 + VAT

In-house: Safe Loading of Vehicles (7 DCPC hours)

This one-day in-house course will give delegates the required skills to load vehicles and trailers and highlight the serious consequences of not adhering to regulations.

Attendees will be given hands-on, practical experience in positioning, securing and stabilising a load and cover gross and axle weights.

Members: £650.00 + VAT | Non-members: £729.00 + VAT

Saturday premium: £200.00 + VAT

In-house: Manual Handling

We can run a bespoke half-day course, suitable for up to ten delegates and tailored to meet your company's needs. The course will give an overview of Manual Handling Regulations, describe the effects of poor technique, explain the costs of accidents and injuries and give you the tools to be able to carry out a manual handling risk assessment.

Members: £550.00 + VAT | Non-members: £750.00 + VAT

In-house: Daily Checks & Defect Reporting

This half-day course is suitable for all company vehicle drivers. As you know, it is a requirement of the operator licensing system that vehicles are fit and serviceable at all times and this can only be achieved by carrying out thorough walk-around check.

Members: £550.00 + VAT | Non-members: £750.00 + VAT

In-house: Escorting Abnormal Loads & Vehicles

If your haulage operation is in the business of escorting abnormal loads, this half day course is suitable for up to 12 delegates and will enable you to adhere to the Code of Practice:

“The Self Escorting of Abnormal Loads and Abnormal Vehicles”. You will be made aware of the requirements of escort vehicles, your roles and responsibilities, operating practices and documentation requirements, enabling your business to operate in a compliant manner.

Members: £550.00 + VAT | Non-members: £650.00 + VAT

Emergency First Aid at Work (7 DCPC hours)

This one-day, Level 2 Award Certification is recognised as a qualification in First Aid and designed to give the individual the capability to conduct First Aid procedures and workplace risk assessment.

Member: £93.00 + VAT | Non-member: £109.00 + VAT

07/04/2017 - Peterborough

In-house: Safe Deliveries to Construction Sites (7 CPC hours)

This one-day course will alert delegates to potential risks when delivering to construction sites. It highlights the responsibilities of the driver, the haulier and construction site personnel and will identify ways to reduce risk. The course covers everything from safe vehicle loading, construction site layout, building site traffic management and how to handle hazardous waste.

Members: £950.00 + VAT

Non-members: Cost on request – please email training@rha.uk.net

Reversing Assistant Training

Did you know that nearly a quarter of all accidents involving vehicles at work occur while the vehicle is reversing? If you and your drivers want to work towards reducing this risk, then this is the course to sign up for. With a mix of both practical and theoretical elements, this course will give delegates invaluable tips on manoeuvres and procedures that will reduce risk when reversing in any environment.

Members: £550.00 + VAT for up to 8 delegates

Non-members: £695.00 + VAT for up to 8 delegates

Driver First Assist (7 CPC hours)

This one-day course is designed to equip motorists (car, LGV or HGV) with the skills and confidence necessary to manage the scene of a road traffic accident in the vital minutes before emergency services arrive. By becoming a DFA First Responder, you will be playing a vital role in saving people's lives and providing the right action at the scene of the accident. Not only will you be shown how to apply life-saving first-aid while waiting for the emergency services, but you will be able to provide the emergency services with accurate information about the location of the incident.

Members: £1,195 + VAT for up to 12 delegates

Non-members: £1,440 + VAT for up to 12 delegates

Please contact us for dates, location, pricing and details on our open courses.

The Road Haulage Association Ltd
Roadway House, Bretton Way, Bretton
Peterborough PE3 8DD
01733 261456
training@rha.uk.net

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RHA Scotland & Northern Ireland
Kirkton House, 1 Allen Road,
Livingston EH54 6TQ
01506 414073
training-sconi@rha.uk.net

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For full list of courses and further information, visit
www.rha.uk.net/training

